South Africa: The World in One Country

Cape Town Region & Sabi Sands Game Reserve

Please consult your international & domestic air itineraries for flight details which are subject to change.

Your itinerary includes detailed descriptions and information pertinent to your tour and safari. Guide, bird and wildlife books and maps may be consulted to enhance your experience.

The lodge, hotel and camp descriptions are those of the owners.

Next Adventure cannot verify the accuracy of the descriptions or images used.

Important Notes Regarding Passports & Visas for US Passport Holders:

Before departure: Ensure that your passport is valid for at least 6 months beyond your travel dates. Also, you will need at least 2 consecutive blank pages in your passport for visas for entry and exit stamps. On arrival: Visas for South Africa are easily obtained on arrival at no cost.

Luggage on Connecting Flights within South Africa:

We strongly recommend, due to baggage handling and security concerns, you <u>not</u> check your luggage through to your final destination, but collect your bags in Johannesburg and recheck them to your final destination. Additionally, we urge you to avoid packing any valuables in your checked luggage.

Luggage Restrictions: 44 lbs. per person

As you will be travelling in small aircraft with limited luggage capacity while travelling in South Africa, your luggage is required to be packed in a *soft-sided bag* (no hard suitcases allowed) weighing a maximum of **44 lbs**. A small carryon item is allowed as well.

Day 1 Cape Town

In accordance with your international air itinerary, arrive in Cape Town. Clear immigration and customs, and exit to the International Arrivals area. Here, you are greeted and welcomed by our representative and transferred to the centrally-located V&A Waterfront where you spend 3 nights at the extraordinary **Cape Grace Hotel**. Your stay includes breakfast daily. Lunches, dinners and any optional activities will be on your own in Cape Town.

Cape Grace Hotel

Classically-inspired from the exterior, elegant within, **Cape Grace** is a luxurious retreat set on its own private quay on the vibrant Victoria & Alfred Waterfront. Cape Grace's charm lies in its intimate atmosphere, stylish décor and unique personalised hospitality. The sumptuous elegance begins at the welcoming reception lounge extending to the rich comfort of the spacious rooms, some of which have a view of the yacht marina and others of the working harbour. All 122 rooms feature exquisite furniture, luxurious fabric and intriguing



detail. Located on the top floor of the hotel, is the Spa which is owned and operated by Cape Grace and is exclusive to hotel guests. The Signal restaurant is perfectly positioned with views of the marine and Table Mountain. The Bascule whisky bar and wine cellar has a selection of over 420 whiskies of the world and the finest of Cape wines. Enjoy the African sun as you laze around the outdoor heated swimming pool embraced by trellised gardens. The following amenities are included at no additional charge: 24-hour Internet access Communication Centre; luxury private transfers to town and nearby beaches; daily Cape history & wine

presentation; use of the hot spa area with sauna, steam room & mineral spa bath; port and sherry in the library.

Our uniqueness as a Cape Town Boutique Hotel relies on creating an environment in which our guests feel supremely comfortable and pampered; in a setting that leaves you in no doubt that you are in Cape Town. Cape Grace's luxury hotel waterfront setting and stylish interiors celebrate Cape Town's heritage and floral kingdom in ways that juxtapose modern and period. This is noticeable in every custom-designed room, from hand painted fabrics and handmade metalwork, glass and leather items, to individually-sourced antiques and artefacts. By bringing Cape Town's past into the present using local artisans and talented designers, bedrooms and suites reflect the beauty, charm and understated elegance for which Cape Grace is famous.

Superior rooms are spacious rooms with the added luxury of a generous step-out balcony from which to enjoy the sights and sounds of the Waterfront and parts of the city. The generous room size makes a Superior room ideal for families, with a foldaway sofa providing a comfortable bed for a child to sleep in. As with all rooms at Cape Grace, facilities such as a separate bath, shower and toilet, satellite TV, secure room safes and even an iron and ironing board are standard in Superior rooms.



While each of the Cape Grace bedrooms and suites are distinctively decorated, they all have some features in common:

- Complimentary WiFI and internet access
- IPod docking stations in all rooms; X-Box 360s in Suites and Penthouses
- Private room safe
- Flat-screen, high definition TV, satellite television channels and selected radio stations
- International plug points and fax /Internet modem lines
- Fully stocked private bar and deli snacks
- Tea & coffee making facilities
- Air-conditioned rooms
- French windows with views of the yacht marina or the working harbour
- Fresh flowers and personally selected books
- Separate bath, shower and toilet
- Elegant marble bathrooms with superior Charlotte Rhys toiletries made exclusively for Cape Grace

Day 2 Cape Town: City Tour

After breakfast, your guide collects you for a half-day private City Tour. You begin by traveling into the Central Business District of Cape Town. Enjoy traditional Cape Dutch architecture en-route, the Bo-Kaap area, House of Parliament, the Company Gardens, Flower Market, Green Market Square, District Six and the Castle of Good Hope. Continue to Table Mountain and travel with the Cable Way to the top of Table Mountain (weather permitting).

After the tour you'll be dropped back at your hotel. You'll enjoy an afternoon at leisure for optional activities on your own. You stay overnight at the **Cape Grace Hotel**.



Cape Town

Welcome to Cape Town, Mother City of Africa, and the Western Cape, an area which is regarded as one of the most beautiful regions in the world. The City is a rare cultural gem, resulting from the amalgamation of Indonesian, French, Dutch, British and German settlers, the local Bushman and Hottentot tribes and the Bantu tribes from the north.

The impressive presence of Table Mountain, flanked by the legendary Devil's Peak and historical Signal Hill, stands proudly above the city. Beautiful white sandy beaches along a peaceful coastline frame the Cape Peninsula, which is famed for its unique floral kingdom, bountiful rivers, vleis and dams and magnificent countryside. The surrounding area extends far into the winelands, green in summer and red-gold in autumn.

Cape Town boasts a multitude of entertainment, ranging from outdoor activities and adventures in the sun to a roaring night life under neon signs. The vast range of shopping opportunities includes haggling with shop holders at Greenmarket Square Flea Market, as well as breezing through sophisticated and stylish shopping malls. The huge variety of restaurants reflects the multicultural history of the Cape and caters for everyone's taste, from fast-food outlets and casual to the chic to the very elegant.

Cape Town provides a setting for many scenic wonders, magnificent seascapes and panoramic vistas. The beautiful coastal areas of Camps Bay, Clifton, Llandudno, Bantry Bay, Hout Bay and Blouberg surround the breathtaking tranquility of the winelands, Constantia, Stellenbosch, Paarl and Franshhoek.

Cape Town is a city of culture, built on a history that reflects in the architecture, cuisine, music and dance. Together with a warm summer and temperate winter climate and a friendly community, the Western Cape and the Mother City are an ideal holiday destination throughout the year.

Cape Town Highlights

- Robben Island, a World Heritage Site and prison outpost, holding a significant place in the history of the liberation struggle.
- Table Mountain offers stunning views of the city. Explore the mountain by cable car or on foot. Cycling trails and abseiling are also available on Table Mountain.
- Victoria & Alfred Waterfront is a working harbour, shopping and entertainment complex.
- Two Oceans Aquarium with more than 300 species including sharks, penguins and seals. The aquarium offers diving in the shark tank.
- Castle of Good Hope, a five pointed fortress that houses a museum, gallery and restaurant.
- Cape Peninsula National Park where two oceans meet. A trip up to the old lighthouse by funicular or on foot is a must.
- Signal Hill offers beautiful views of the city, particularly at night
- Houses of Parliament, an architectural masterpiece
- National Botanical Gardens at Kirstenbosch is one of the world's finest with over 5000 plant species



- South African Museum, famous for displays of ethnic groups, including life sized casts of Bushmen (San), Khoi-khoi and other tribes of Southern Africa
- South African National Gallery houses an outstanding collection of local art, offering insight into the development of this many faceted nation. Photographs of black township life include many which appeared in Drum magazine during the 1950's
- District Six Museum, unveiling the era of Apartheid
- Rhodes Memorial on the slopes of Table Mountain, a tribute to Cecil John Rhodes Prime Minister of the Cape from 1890
- Chapmans Peak Drive is carved into solid rock and is one of the most spectacular mountain drives in the world.
- Major shopping centres in this area include V & A Waterfront, Canal Walk, Cavendish Square and Tygervalley
- Noteworthy flea markets in Cape Town include Greenmarket Square, Hout Bay Harbour, Kalk Bay, and Simon's Town Waterfront.
- The working harbour of Hout Bay and ferries to Duiker Island to view the seals
- A wide variety of excellent golf courses

Day 3 Cape Town: Peninsula Tour

After breakfast, your guide collects you for a full-day private Peninsula Tour. Travel along the Atlantic Seaboard through scenic areas and beaches such as Clifton and Camps Bay towards Hout Bay. On arrival at Hout Bay (weather permitting), embark on a boat trip to Duiker Island which is



one of the biggest seal colony islands in Cape Town. Continue via the scenic Chapman's Peak drive towards the Cape of Good Hope National Park. Visit the Cape of Good Hope and continue to the lighthouse overlooking the Indian and Atlantic oceans at Cape Point. You enjoy lunch overlooking False Bay (not included) before continuing towards Simon's Town historical naval base. Visit the penguin colony at Boulder's Beach before returning to Cape Town. Time permitting, you may stop at Kirstenbosch Botanical Gardens on the way.

You return to your hotel by about 5:00 p.m. and enjoy dinner on your own this evening. Breakfast and overnight are at the **Cape Grace Hotel**.

Day 4 Winelands Full Day Tour: Grootbos

After breakfast and check-out, you are collected from the Cape Grace for a full-day guided tour of the Winelands stopping for lunch at a restaurant of your choosing (to your account). Continue along the scenic coastline and arrive at the lodge in time for a walk around the grounds or other short activity before dinner. Your two-night stay at **Grootbos Private Nature Reserve** is in a one-bedroom luxury suite at **Grootbos Forest Lodge** on a fully-inclusive basis. Drinks and laundry are extra as are some specialized activities.

Grootbos Private Nature Reserve

Grootbos has two 5-star luxury lodges and an exclusive villa, and provides an ideal retreat for travellers looking for luxury accommodation in the Hermanus and Gansbaai area, or alternatively an ideal stopover for the start, or end, of a Garden Route tour. The Grootbos experience provides for luxury accommodation, and exciting activities with specialized guides, that will ensure you leave with truly unforgettable memories of South Africa.

Stay at Forest Lodge which consists of a main lodge with restaurant, bar, spacious lounge area, gallery, infinity pool and conference centre as well as 16 luxurious, freestanding suites built on the edge of the forest. Volumes of space under slate roofs are framed by glass, steel and natural brick to maximize the sweeping views across fynbos and dunes to the ocean.

The individual luxury suites beneath the overhang of milkwood trees provide the ideal blend of privacy and supreme comfort. Each is furnished with rich textures, romantic canopy beds with the finest linen and down quilts, spacious tiled sunny bathrooms, separate lounges

with cosy fireplaces, mini bars and tea & coffee making facilities.



From your private deck you can soak up exquisite Ocean and mountain views and watch the sun disappear from a flaming sky into the Atlantic Ocean. There really is no better way to toast another unforgettable day at Grootbos!

Days 5 & 6





The Cape: Grootbos

Grootbos offers a wide variety of experiences for guests to enjoy during their stay. Our specialist guides lead 4x4 drives and walks through the fynbos and forests of the reserve, trips to the nearby coast to view the Southern Right Whales from land, walks along deserted beaches, visits to archaeological and cultural sites, boat-based whale watching trips, as well as boat tours to a nearby seal island to view penguins, seals, dolphins and great white sharks.

Within the vicinity lies Gansbaai, South Africa's premier destination for diving with Great White Sharks, the experience of a lifetime. The nearby seaside town of De Kelders is the best place in the world for land-based whale watching, and in season (July - November) these amazing creatures come within touching distance of the shore! The coastal villages of Kleinmond and Betty's Bay are all worth visiting with miles of unspoilt beaches and mighty sand dunes, while Cape Agulhas further south is the meeting point of the Atlantic and Indian Oceans, as well as being the southernmost point on the continent!

You will enjoy two full days of activities, meals and overnight during your fully-inclusive stay at **Grootbos Private Nature Reserve**.

Day 7 Greater Kruger Area –Sabi Sands: Mala Mala

After an early breakfast, your guide will meet you for the scenic drive along the coast back to Cape Town passing through the beautiful seaside town of Hermanus. It is especially well known for amazing land-based whale watching and scenic beauty surrounded by majestic mountains.

At Cape Town International Airport, board your scheduled flight to Nelspruit's Kruger Mpumalanga International Airport. On arrival, you board a shared road transfer to Mala Mala Game Reserve (2-3 hours) arriving in time for tea and an afternoon game drive. Here, you enjoy a 4-night stay in a luxury room at **Mala Mala Sable Camp**. Your stay includes all meals, laundry and wildlife-viewing activities; drinks are extra to be settled direct upon checking out.



Sable Camp on MalaMala Game Reserve

Imbued with the spirit of MalaMala, the Sable Camp is a more intimate version of the Main Camp and the choice for those seeking a more private and intimate safari. Situated at the southern end of the MalaMala Camp in a prime elevated position overlooking the Sand River and the surrounding bushveld, Sable Camp accommodates a maximum of 14 guests. It may also be reserved exclusively for between 10 & 18 guests – but book early!

Each of the individually-decorated, spacious and comfortable suits under traditional thatching occupies an idyllic vantage point and provides a platform from which to admire the panoramic view.

Camp Facilities:

- Air-conditioned library with satellite television, internet connectivity and DVD
- Air-conditioned safari bar and dining-room
- A large wooden safari deck the ideal vantage from which to observe the steady flow of animal life at the Sand River's edge
- A filtered swimming pool nestled in the flood plain below the camp
- A massage service is available on request
- A fully stocked wine-cellar houses some of South Africa's finest wines
- The safari boutique & fitness facility are located in the MalaMala Main Camp which is situated close by.



• Mobile Phone coverage and Wireless internet connectivity are available

Accommodation 5 luxury suites each with:

- "His" and "hers" bathrooms
- 24-hour temperature control
- Direct dial telephones
- A mini-bar and a mini-safe
- Bathroom amenities, insect repellent and hairdryers
- Tea and coffee making facilities

Days 8, 9 & 10 MalaMala: Sabi Sands Safari

You have three full days to enjoy the Mala Mala Reserve with twice-daily game drives and optional walking safaris. All meals and accommodation are at **Mala Mala Sable Camp**.

MalaMala Game Reserve

MalaMala Game Reserve is the Safari Industry's blueprint to the luxury photographic safari. In existence since 1927, this massive thriving tract of land produces the most exciting wildlife experience this side of the equator. MalaMala Game Reserve is the largest private Big Five game reserve in South Africa. Comprising 13 300 ha, MalaMala shares a 19 km (12 mile) unfenced border with the world-renowned Kruger National Park and lies sandwiched between the National Park and the Sabi Sand Reserve.

MalaMala's Camps (MalaMala Main Camp, Sable Camp and Rattray's on MalaMala) are the embodiment of an authentic safari experience pioneered at a time when the safari was simple - unassuming camps, vast sweeping plains, the African sky and the bush in all its splendour. Wellness was the feeling after a long day in the wild. Cigars were shared without pomp and ceremony.

Guests to MalaMala will still spend hours beneath an inky sky in the traditional boma exchanging stories from the wild - a sumptuous meal, good company and relaxed faces warmed by the crackling fire, accompanied by the nocturnal symphony of sound.

A day at MalaMala Game Reserve, no matter your choice of camp, combines exhilarating game viewing opportunities with a chance to relax and refresh the soul. The phenomenal wildlife, around which your experience revolves, is the priority at MalaMala, whilst the comfortable camps, wholesome cuisine and impeccable, friendly service complement this focus and we encourage our guests to immerse themselves in the experience. For many this will be a unique lifetime experience which will be cherished forever.

On arrival at the camps within the MalaMala Game Reserve, you will be introduced to your ranger and tracker team who will be your hosts, guides and educators during your stay with us. Whilst an itinerary will be suggested (as detailed below) to take advantage of the more comfortable temperature ranges and the enhanced game viewing opportunities, it is also important to have time to relax and enjoy the camp surroundings and commune with the environment.



Game drives are conducted in open 4-wheel drive safari vehicles in the 40,000 acre MalaMala Game Reserve. The rangers are in constant radio communication with one another to keep each other informed about the location of the game. Headsets are used for this purpose so as not to disturb the sounds of the African bush. The 4-wheel drive safari vehicles enable the rangers to leave the road and provide guests with close up game viewing and fantastic photographic opportunities. Night drives, with the aid of powerful spotlights, bring the bush to life at night.



not always be possible or advisable.

The suggested itineraries are not set in stone so please discuss your requirements on your arrival with your ranger who will do his best to be as accommodating as possible within the confines of the camp routine and with consideration for your safari companions — other MalaMala guests also being hosted by your ranger and tracker teams. A later departure from the camp to meet up with your safari team is possible if you prefer a relaxing morning whilst your new-found safari friends want to beat the sun and get up earlier. The rangers, camp management staff will try to accommodate the various requests from all the guests in camp but this may

The suggested itineraries differ between the hot summer months and the warm winter days which melt into cold evenings. The transitional short periods of autumn and spring will also see an adjustment to the suggested itineraries which will be determined by the temperatures experienced at the time.

Suggested winter daily itinerary (Jun to Aug)

There are no typical days at MalaMala – each is different based on the wild animals and their movements and no return time to camp is the same. Rangers will take full advantage of cheetah hunting or a leopard feeding in a tree and obviously the guest's requirements are considered.

A 06h30 wakeup call by your ranger heralds the dawn. Meet your ranger and safari companions at 07h00 for an early breakfast. The morning game drive follows.

At approximately 11h00, you will return to camp. You are now able to relax around the pool, work out in the gym, browse through the safari boutique or perhaps take a siesta to make up for the early morning wake-up call. Feel free to explore the camp but please do not walk beyond the camp perimeters unless accompanied by a ranger. For the more energetic, join the bush walk before lunch. A buffet lunch is served from 13h00 though some may prefer to sleep through.

Once again meet at 15h00 for hot and cold beverages and a light snack on the expansive safari deck before departing on another unforgettable safari. A cooler box with the veritable sundowners are carried on the landrover and a consensus amongst your fellow safari-ites will determine whether the G & T is worth more than the leopard sighting! An African sunset is a memorable and often emotional sight.

As darkness approaches, your tracker will scan the bush with a powerful spotlight and will point out the elusive nocturnal wildlife - a highlight of the day's safari. As darkness settles over the bush, look out for the Milky Way - a truly spectacular sight – or try to find the Southern Cross.

Return to camp at approximately 19h00, allowing time for you to freshen up before meeting your friends and rangers for pre-dinner drinks in the cosy Safari Bar and a delicious dinner in the reed enclosed "boma" under an ancient Jackalberry tree. While seated around a log fire under the starry African sky, enjoy the superb food and excellent wines - yet another highlight of the MalaMala experience. Alternatively, when the weather is suitable, a candlelit dinner is served on the safari deck overlooking the Sand River.

Day 11 Departure

Depending upon your flight departure time you may have time for a final game drive followed by brunch at the lodge before you are transferred to the MalaMala airstrip for your flight to Johannesburg. While in transit at OR Tambo International Airport, you'll have time to relish memories of your safari of a lifetime before you connect with your homeward-bound departure.

Kili & Louise McGowan Next Adventure

We take safaris personally! TM 738 Gilman Street Berkeley CA 94710 USA

Tel: 510 526 7027 Fax: 510 527 0187

Toll Free: USA & Canada 800 562 7298

www.nextadventure.com

California Licensed Tour Operator CST #2024489-40

